

**Chicken Tinga—Nutrition and Ingredients**

**Ingredients: Ingredients:**

Chicken, Water, Tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), Onions, Tomato paste, Vinegar, Sugar, Salt, Modified corn starch, Chipotle peppers, Chili peppers, Soybean oil, Crushed chilies, Onion powder, Concentrated lime juice, Garlic powder, Chipotle pepper powder, Spices, Herbs, Natural smoke flavour, Xanthan gum, Acetic acid, Caramel, Paprika oleoresin. May contain: Egg.

Ingrédients :

Poulet, eau, tomates (tomates, jus de tomate, acide citrique, chlorure de calcium), oignons, pâte de tomates, vinaigre, sucre, sel, amidon de maïs modifié, piments chipotle, piments chili, huile de soja, piments broyés, poudre d'oignon, jus de citron vert concentré, poudre d'ail, poudre de piment chipotle, épices, herbes, arôme naturel de fumée, gomme xanthane, acide acétique, caramel, oléorésine de paprika. Peut contenir : Œuf.

**Nutrition:**

Portion	Wt. g	Cals (kcal)	Total Fat g	Cals from Fat g	Sat. Fat g	Trans Fat g	Cholesterol mg	Sodium mg	Carbs g	Fibre g	Sugar g	Protein g
For 1 Taco	33	33	1	9	0	0	18	125	0	0	0	5
For Regular Burrito	66	66	2	18	0	0	36	251	1	0	1	10
For: Large Burrito Bowls Quesadillas 3 Tacos Nachos	100	100	3	27	0	0	55	380	2	0	2	15
For Big Ass Burrito	166	166	5	45	0	0	91	631	3	0	3	25

**Calories for DMB:**

Regular Burrito	Large Burrito	BA Burrito	1 Taco	3 Tacos	Quesadilla	Bowls	Nachos
630	940	1390	190	580	820	650	1000

**Dietary/Allergen Filter**

Vegan	N
Vegetarian	N
Peanut Free	Y
Treenut Free	Y

<b>Milk/dairy Free</b>	<b>Y</b>
<b>Wheat/Gluten Free</b>	<b>Y</b>
<b>Egg Free</b>	<b>MC</b>
<b>Soy Free</b>	<b>N</b>
<b>Mustard Free</b>	<b>Y</b>
<b>Palm Free</b>	<b>Y</b>
<b>Seafood/Fish Free</b>	<b>Y</b>
<b>Sesame Free</b>	<b>Y</b>
<b>Sulphite Free</b>	<b>Y</b>